



1

Autoimmune Blistering Diseases (AIBDs)

- ☞ **blister** [blis'ter]: a local swelling of the skin that contains watery fluid
- ☞ **autoimmune**: due to an immune response to self-antigens

intra-epidermal blisters = pemphigus

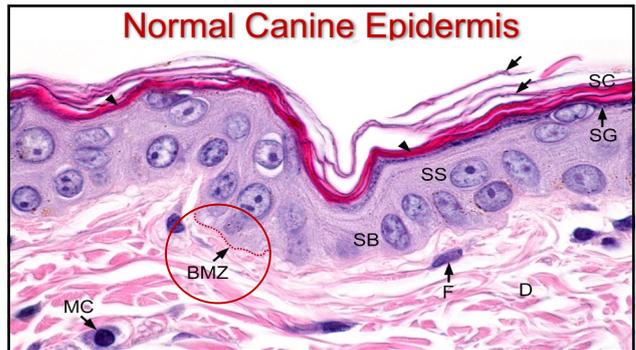
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Autoimmune Blistering Diseases (AIBDs)

- ☞ **blister**: a small pocket of body fluid within the upper layers of the skin
- ☞ **autoimmune**: due to an immune response to self-antigens

sub-epidermal blisters = AI basement membrane diseases

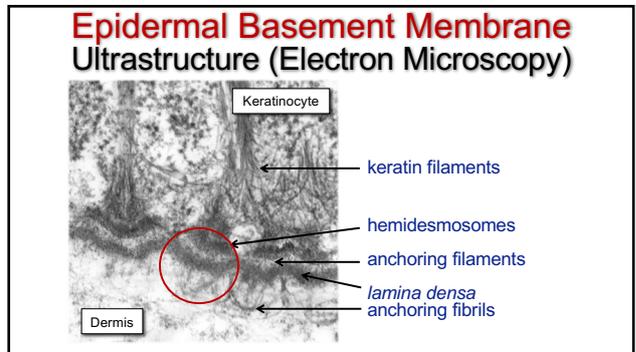
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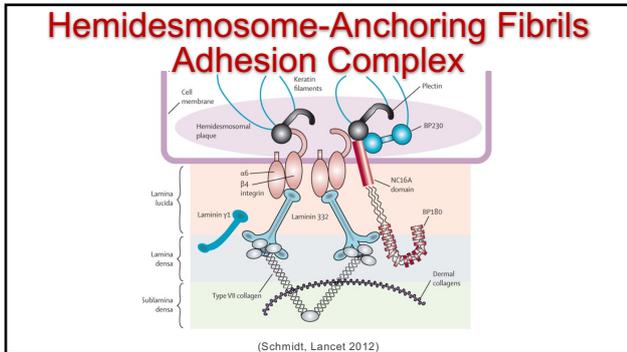
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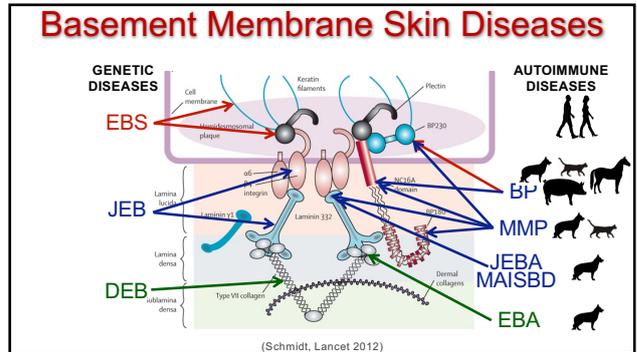
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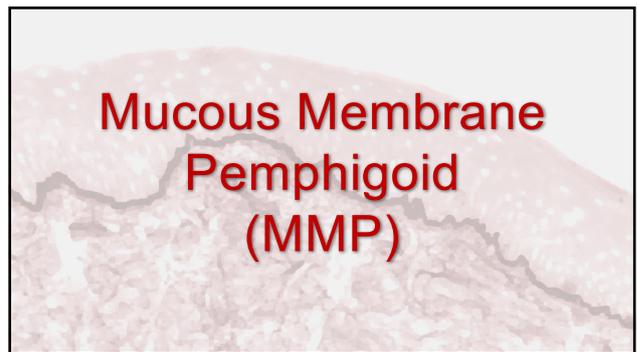
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AI Subepidermal Blistering Diseases

100		77	
BP	69 %	MMP	48 %
MMP	12 %	EBA	26 %
LAD	5 %	BP	10 %
PG	4 %	LAD	3 %
EBA	2 %	PG	1 %
BSLE	2 %	BSLE	1 %
other or ?	6 %	other or ?	11 %

(Bernard, Arch Dermatol 1995) (Olivry, Vet Dermatol 2014)

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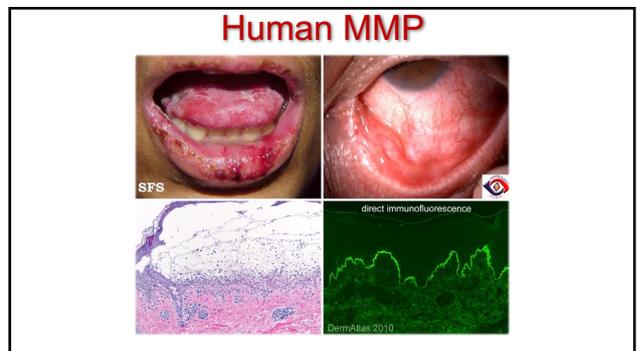
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AI Subepidermal Blistering Diseases

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#2 MMP	12 %	EBA	26 %
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BSLE	2 %	BSLE	1 %
other or ?	6 %	other or ?	11 %

(Bernard, Arch Dermatol 1995) (Olivry, Vet Dermatol 2014)

11



12

Canine MMP Historical Perspective

1984 report of **German shepherd dog** with “BP” but with MMP phenotype (Alhaidari, Point Vet 1984)

1986 recognition of MMP phenotype as **most common variant** of canine “BP” (Olivry, DrVet Thesis 1986)

2001 1st report of MMP in 17 dogs with **characterization of autoantigens targeted** (Olivry, J Autoimmunity 2001)

13

Canine MMP Signalment

- **breed predisposition?**
 - German Shepherds dogs: 18/62 (29%)
- **sex distribution:**
 - female-to-male ratio: 1.1
- **age of onset:**
 - median (range): 5 yrs (1-15)
 - young adulthood (1-3 yrs): 25%
 - mid-adulthood (4-7 yrs): 47%
 - old age (> 8 yrs): 28%

(Bizikova, BMC Vet Res 2023)

14

Canine MMP



ulcers: 49/50 (98%)

15

Canine MMP



vesicles and bullae: 21/50 (42%)

16

Canine MMP



scarring: 10/54 (19%)

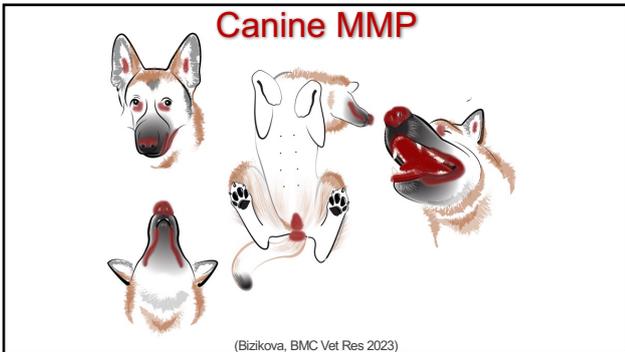
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Canine MMP First Areas Affected

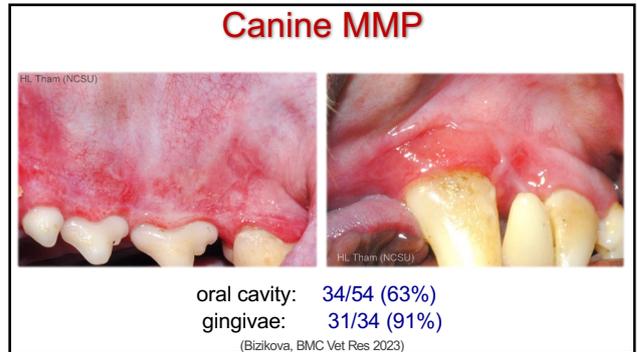
- oral or perioral: 28/50 (56%)
- nasal or perinasal: 17/50 (34%)
- ocular or periocular: 10/50 (20%)
- genital or perigenital: 8/50 (16%)
- ears: 8/50 (16%)

note: lesions sometimes arose simultaneously at several locations

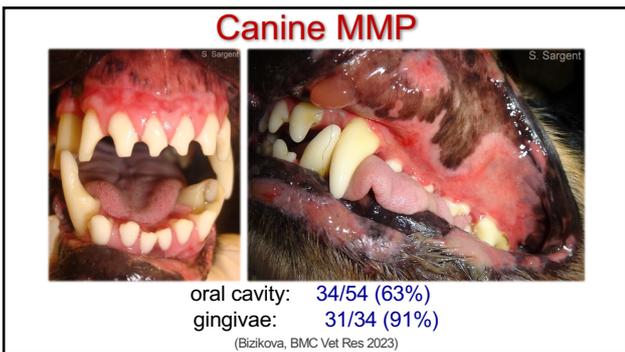
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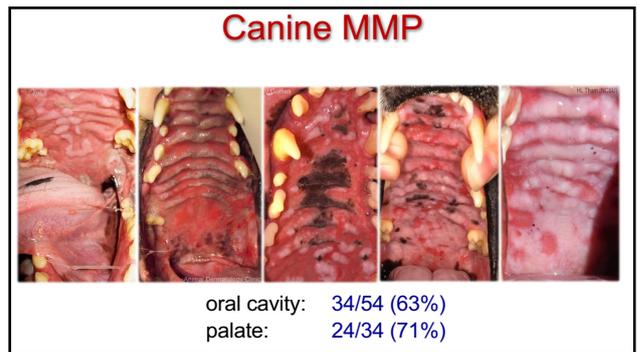
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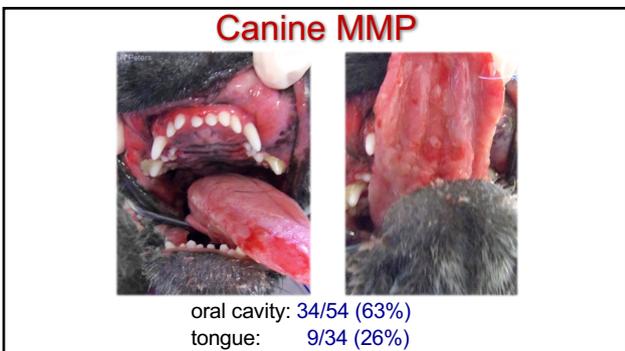
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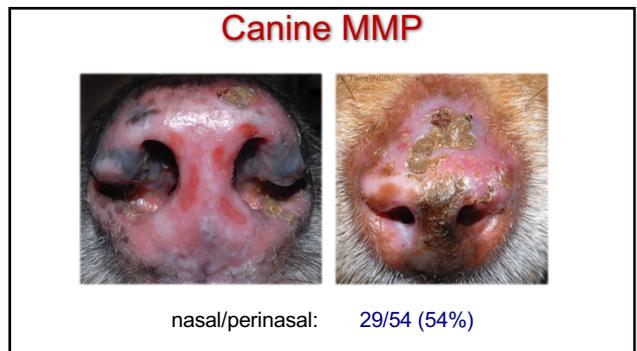
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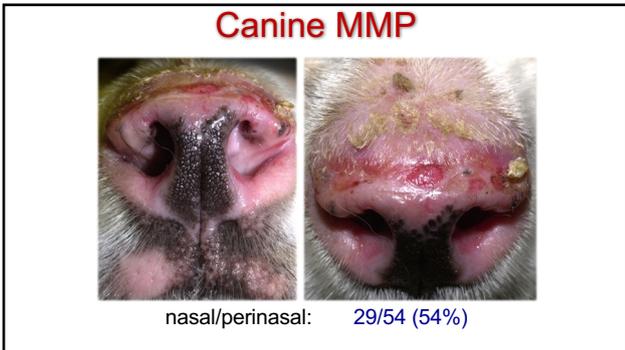
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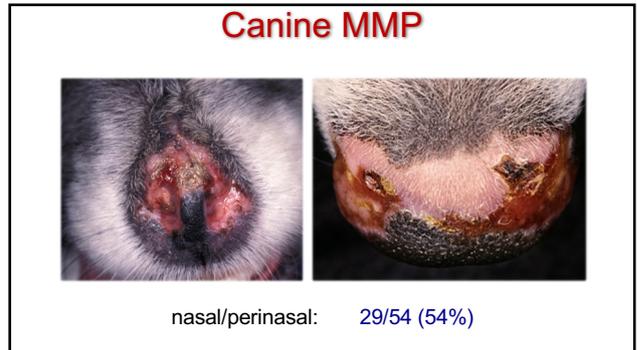
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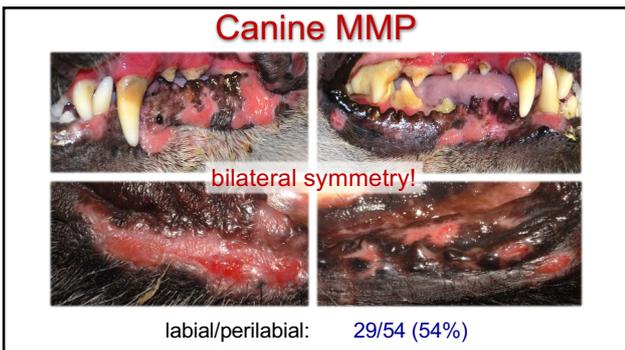
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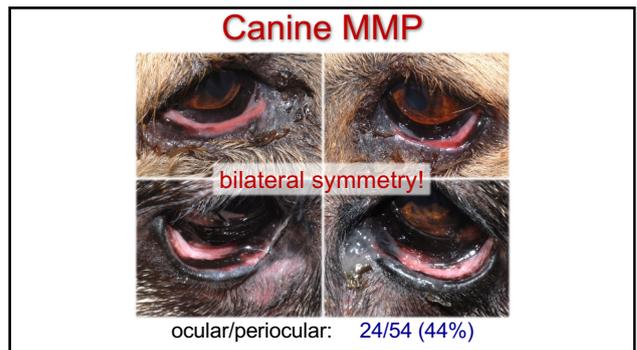
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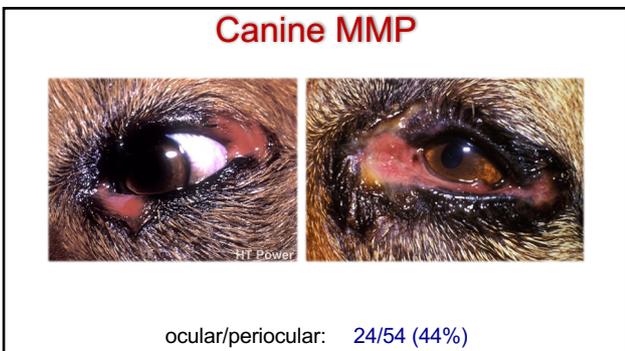
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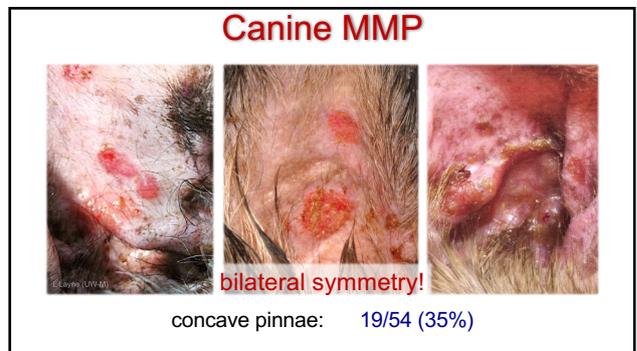
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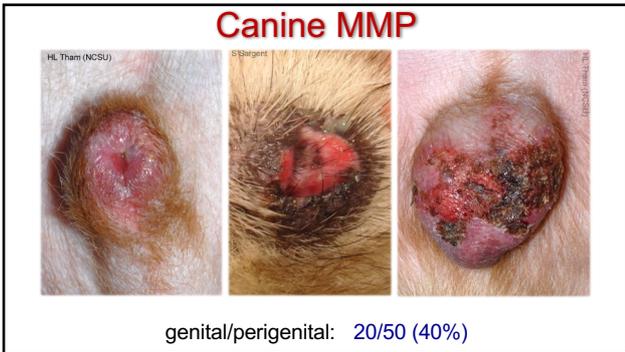
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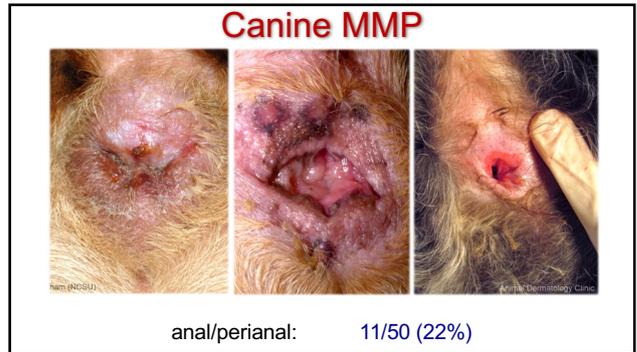
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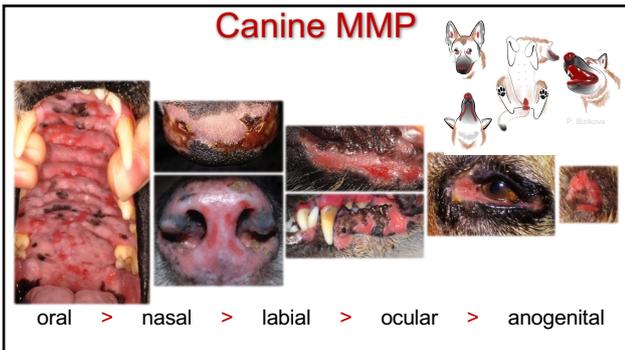
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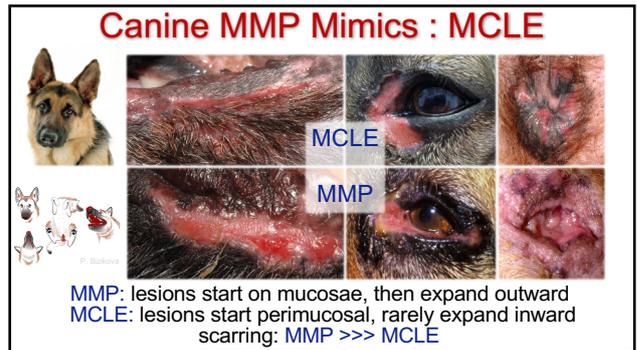
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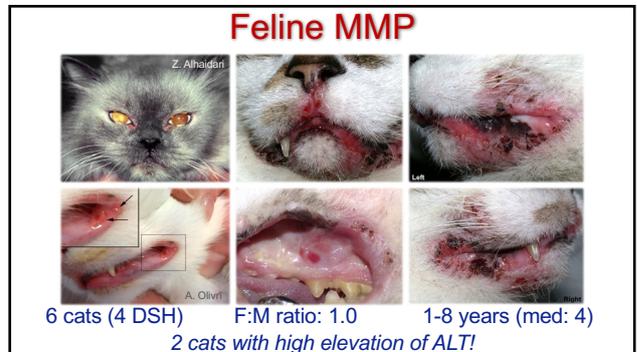
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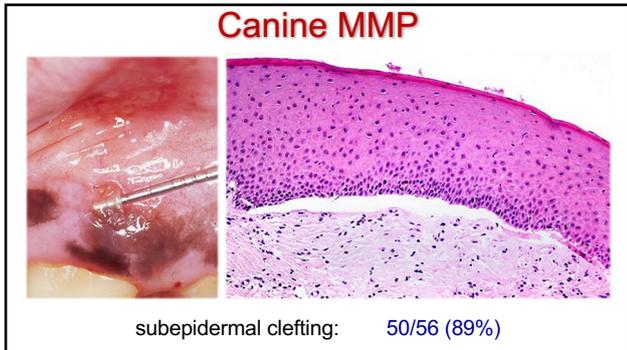
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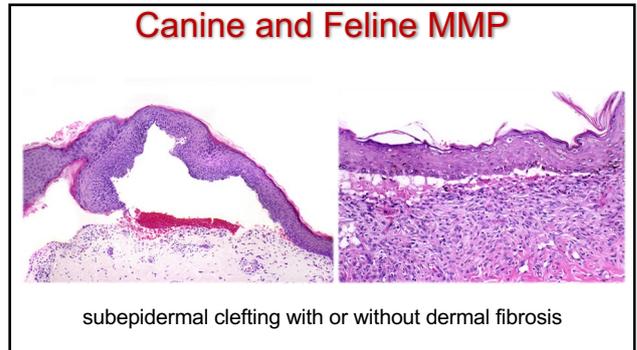
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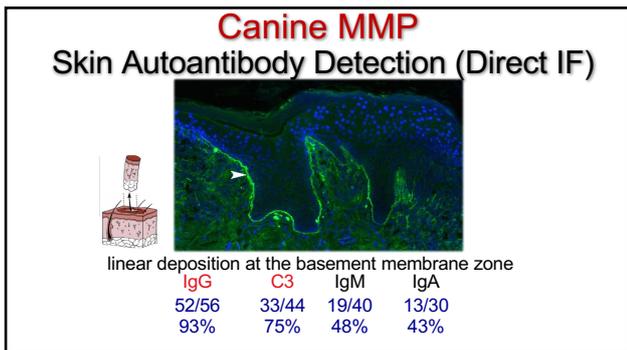
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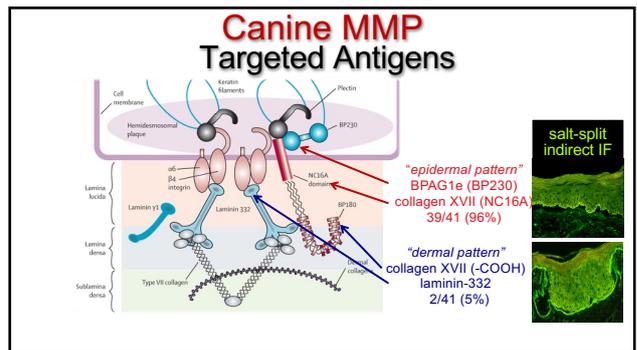
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38



39



40

Canine MMP Treatment & Outcome

- spontaneous remission: 0/23 (0%)
- complete remission: 19/23 (83%)
- treatment leading to complete remission:
 - prednisone alone: 1/15 (7%)
 - dapsone alone: 1/15 (7%)
 - cyclin + niacinamide ± other: 9/15 (60%)
- time to complete remission:
 - median: 31 weeks
 - range: 4 to 64 weeks

41

Canine MMP Treatment & Outcome

April 2002 February 2003

1. niacinamide + tetracycline for 5 months:
2. prednisone + topical betamethasone 0.1% for 2 months: no effect
3. prednisone + topical tacrolimus 0.1% for 3 months: partial remission (50%)
complete remission

42

Canine MMP Treatment & Outcome

March 2006 December 2010

1. no response to prednisone, azathioprine, cyclosporine, colchicine
2. complete remission within 1 year of tetracycline and niacinamide

43

AUTOIMMUNE DISEASES

antibody mediated → [diagram of antibody-mediated process] → PF

cytotoxic T-cell mediated → [diagram of T-cell mediated process] → CLE

44

Therapeutic Targets Antibody-Dependent Diseases

4 T cells → 3 B cells → 2 autoantibodies → 1 tissue inflammation

45

Therapeutic Targets

1 tissue inflammation

46

Therapeutic Targets Tissue Inflammation

prednisolone niacinamide + doxycycline dapsone colchicine

47

Human Bullous Pemphigoid Proposed Pathogenesis: Skin Lesions

IgG1, IgG3, IgE or IgA? → BP180 → Complement → C5a → Mast cells → Chemokines → Neutrophils

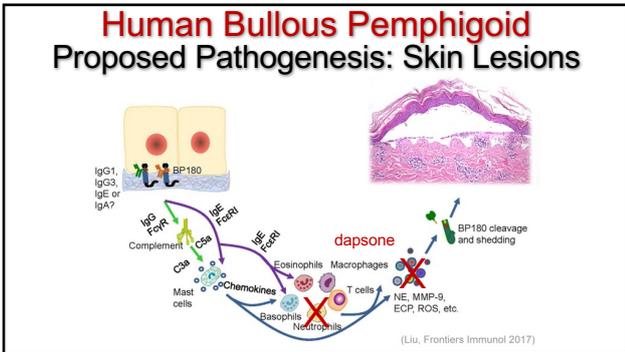
IgE → FcεR1 → Mast cells → Histamine → Eosinophils

IgG → FcγR → Macrophages

BP180 cleavage and shedding → cyclins, nicotinamide → NE, MMP-9, ECP, ROS, etc.

(Liu, Frontiers Immunol 2017)

48

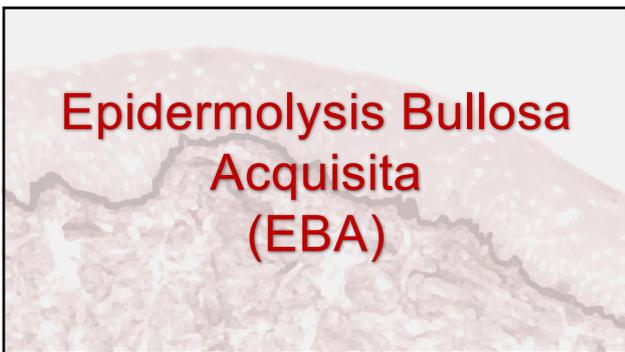


49

Canine and Feline MMP Clinical Summary

- most common autoimmune subepidermal blistering disease in dogs and cats
- German shepherd dogs are likely predisposed
- vesicles, ulcers ± scarring affect principally the oral mucosa and other mucosae junctions
- chronic evolution with frequent recurrences
- complete remission achievable with combination therapy with cyclin antibiotics
- outcome appears favorable

50



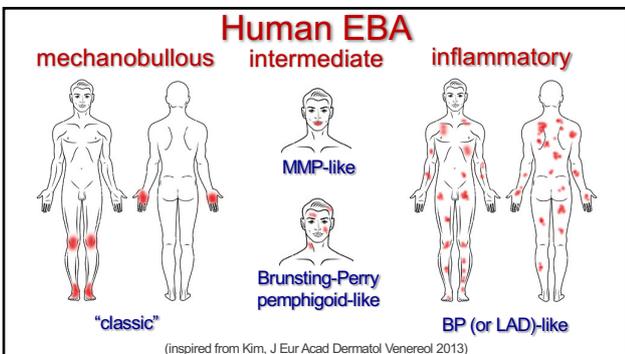
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(Bernard, Arch Dermatol 1995) (Olivry, Vet Dermatol 2014)

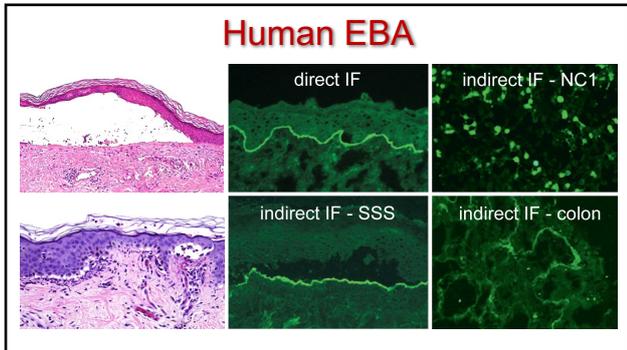
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53



54



55

Canine EBA Historical Perspective

- 1998** 1st report of inflammatory EBA in a **great Dane**
(Olivry, Vet Dermatol 1998)
- 2000** 1st report of Brunsting-Perry localized EBA in a **German shorthaired pointer**
(Olivry, Vet Rec 2000)
- 2015** report of 20 dogs (**11 great Danes**) with EBA
(Bizikova, Vet Dermatol 2015)

56

Canine EBA Signalment

- 24 dogs** (USA: 19, Canada: 1, Europe: 4)
 - 14 great Danes (58%)
 - 3 German shorthaired pointers (13%)
- median (range) age of onset: 1.2 yr (0.3-8.0)**
 - 9 dogs had signs before 1 year of age (45%)
- male-to-female ratio: 2.3**
(Bizikova, BMC Vet Res 2023)

57

Canine EBA Lesion Distribution

oral mucosal, areas of friction ± footpads
(Bizikova, BMC Vet Res 2023)

58

Canine Generalized Inflammatory EBA

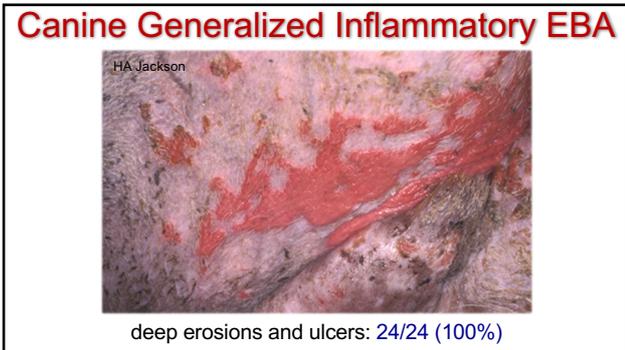
- erythematous macules and patches: **18/24 (75%)**
- erythematous papules and wheals: **10/24 (42%)**

59

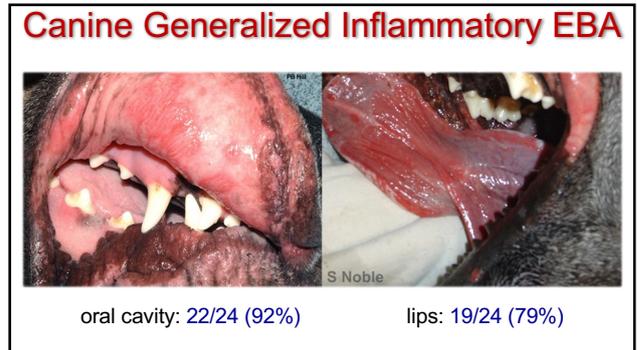
Canine Generalized Inflammatory EBA

vesicles and bullae: **22/24 (92%)**

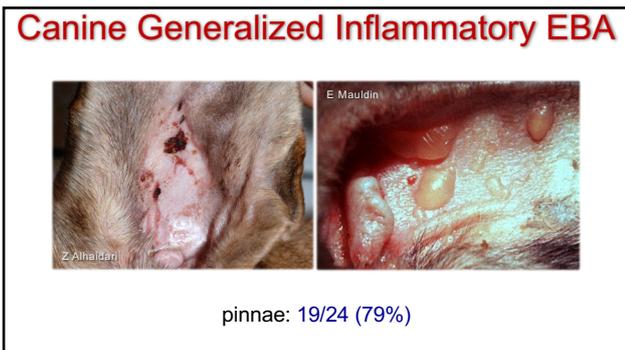
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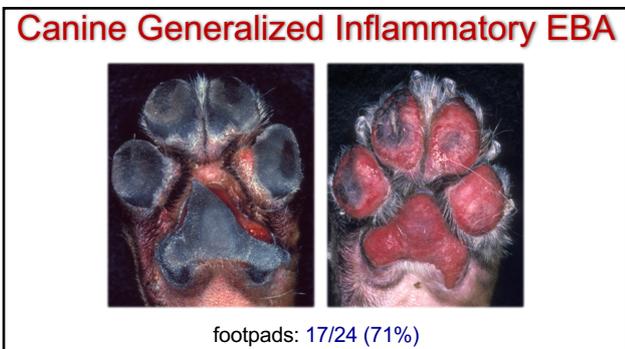
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64



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66

Canine Localized EBA "Brunsting-Perry Pemphigoid-Type"



German Shorthaired Pointer, M, 10 months
(Olivry, Vet Record 2000)

67

Canine EBA

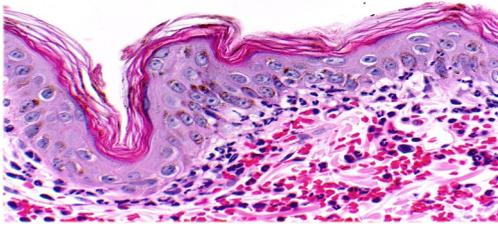
– presence of systemic signs: 17/18 dogs (94%)

- lethargy: 14/18 dogs (78%)
- fever: 7/18 dogs (39%)
- lymphadenopathy: 5/18 dogs (28%)
- anorexia: 4/18 dogs (22%)

(Bizikova, Vet Dermatol 2015)

68

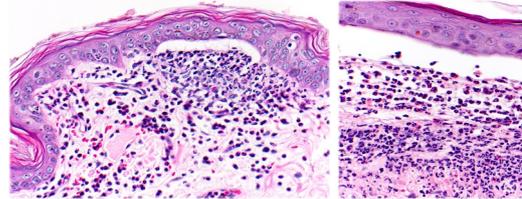
Canine EBA Histopathology (Early Lesions)



alignment of neutrophils along the dermo-epidermal junction

69

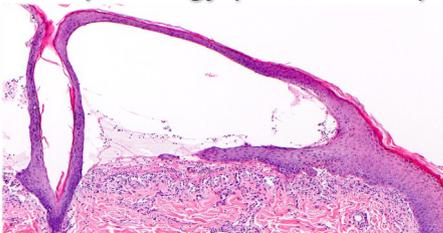
Canine EBA Histopathology (Early Lesions)



perivascular to interstitial neutrophilic dermatitis:	17/17 (100%)
intravascular neutrophils:	16/17 (94%)
intravascular eosinophils:	7/17 (41%)

70

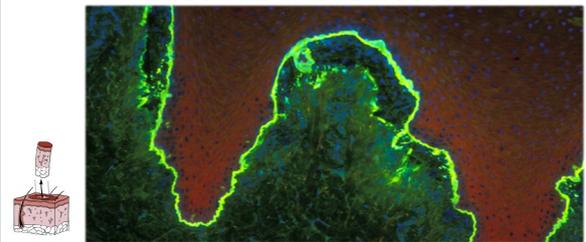
Canine EBA Histopathology (Late Lesions)



subepidermal vesiculation with inflammation: 17/17 (100%)

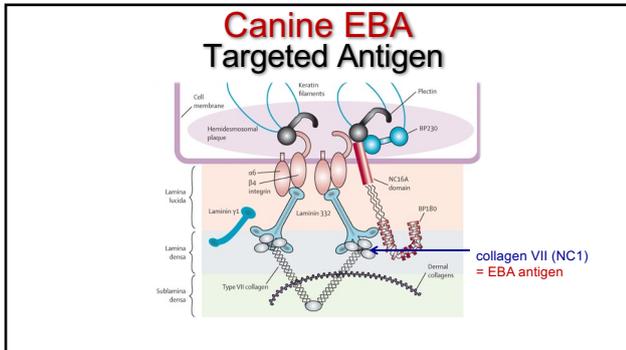
71

Canine EBA Direct Immunofluorescence



IgG deposition along the basement membrane: 17/20 (85%)

72



73

Canine EBA Treatment & Outcome

- spontaneous remission: 0/24 (0%)
- complete remission: 17/24 (71%)
 - prednisone alone: 3/17 (18%)
 - prednisone + immunosuppressant: 6/17 (36%)
 - prednisone + colchicine: 1/17 (6%)
 - prednisone + immunosup. + colchicine: 5/17 (29%)
 - prednisone + immunosup + doxycycline: 1/17 (6%)
 - dexamethasone + doxycycline: 1/17 (6%)
- median dosage of prednisone (mg/kg/d):
 - as monotherapy: 4.0
 - with adjuvant immunosuppressant: 2.7

(Bizikova, BMC Vet Res 2023)

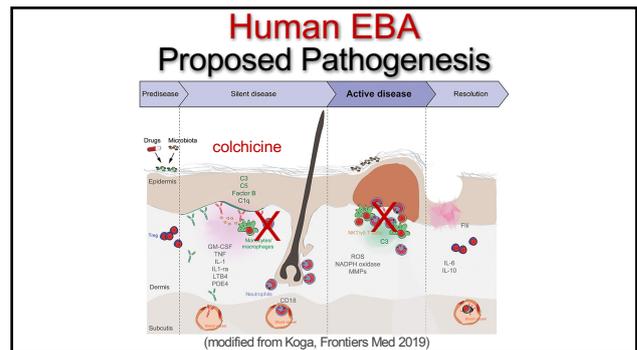
74

Canine EBA Treatment & Outcome

- time to complete remission:
 - median: 58 days
 - range: 26 to 140 days
- long-term outcome:
 - complete remission; off-medication: 8/17 (47%)
 - complete remission; on colchicine: 7/14 (50%)
 - complete remission; on azathioprine: 1/14 (7%)
 - complete remission; on doxycycline: 1/14 (7%)
- euthanasia: 6/24 (25%)
 - immediately after diagnosis: 1/6 (17%)
 - because of lack of response to treatment: 5/6 (83%)

(Bizikova, BMC Vet Res 2023)

75



76

- ### Canine EBA Summary
- 2nd most common canine autoimmune subepidermal blistering disease
 - young adult male great Danes are likely predisposed
 - blisters and erosions/ulcers affect the oral mucosa and areas of friction including footpads
 - blister and dermal inflammation is rich in neutrophils
 - treatment outcome appears more favorable than first reported
 - add colchicine to EBA's treatment regimen!

77

- ### AI Subepidermal Blistering Diseases
- ① look at your patient!
 - signalment (breed, age of onset)
 - type of lesions (blisters, scars)
 - ② take multiple skin biopsies!
 - degree of blister/dermal inflammation (acellular, cell-rich)
 - type of inflammation (neutrophils, eosinophils)
 - degree of scarring
- ☞ play the odds for the most likely diagnosis!
- ☞ treat accordingly!

78

Veterinary Dermatology

Vet Dermatol 2014, 25:316-318 DOI: 10.1111/vid.12152

An autoimmune subepidermal blistering skin disease in a dog?
The odds are that it is not bullous pemphigoid

Thierry Olivry, *Vet Dermatol* 2014

In summary, for diagnosing AISBDs in dogs, as in other species, clinicians are to remain kings for years to come! The diagnosis of these diseases shall not, and never will be made from a blood test result.

79

Bizikova et al. BMC Veterinary Research (2023) 19:55
 https://doi.org/10.1186/s12917-023-03597-1

BMC Veterinary Research

REVIEW **Open Access**

Spontaneous autoimmune subepidermal blistering diseases in animals: a comprehensive review

Petra Bizikova^{1*}, Thierry Olivry¹, Keith Linder² and Jan Rybnicek³



80

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NC STATE • DERMATOLOGY

81