CONGRESO DE LA SEMFYC MADRID | 13-14-15 NOVIEMBRE | 2025

SOMOS AGUA, MURO Y FUEGO: SOMOS MEDICINA DE FAMILIA Y COMUNITARIA





La Experiencia Española en Policy Advocacy desde WONCA





SOMOS AGUA, Muro y fuego: Somos medicina De familia y Comunitaria



Conflictos de intereses

SA y RGB:

- Becas del EGPRN, 01/2022 and 10/2023, WONCA Europe, 07/2023.
- Ayudas para publicación de:
 - Deutsche Forschungs-gemeinschaft,
 - the Università di Modena e Reggio Emilia in Italy,
 - and the Department of Primary Care Medicine, Center for Public Health, Medical University of Vienna, Austria
- XLV Congreso:
 - semFYC ha financiado la inscripción al congreso.
 - semFYC ha cubierto los costes de transporte de RGB al XLV Congreso de la semFYC.
- Presentación no remunerada, sin patrocinio externo ni compensación económica adicional









Conflictos de intereses

SA:

- Recibió la beca Isabel Fernández en 2018.
- Recibe una ayuda anual para acudir al EGPRN por representar a semFYC.
- Ha sido conferenciante para la Universidad de Kuopio y la OMS Europa que cubrieron los gastos de viaje y el pago por un informe.

- RGB:

- Ha recibido ayuda para su participación en los Congresos WONCA como representante de Luxemburgo por parte de la SSLMG
- Ha recibido ayuda para su participación en distintos congresos por parte del CHNP, donde trabaja.
- Recibió un scholarship por parte del Ministerio de Salud de Luxemburgo para la realización de su trabajo de investigación "FASTCOV" en 2023.





¿ Quienes Somos?

SOMOS AGUA, Muro y fuego: Somos medicina De familia y Comunitaria





- Sara Ares Blanco, médica de familia en el Centro de Salud Federica Montseny, Madrid
- Raquel Gómez Bravo, médica de familia en Luxemburgo (CHNP, UL)





Sara Ares, mi historia profesional



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SoMamFyC

Formación, Investigación, Vicepresidencia (6 años)

semFYC

Representante EGPRN (6 años)

Miembro del Strategy Research (6 años)

WONCA Europe

Coordinadora: WP Policy Advocacy (2 años)

EGPRN

Miembro de la Junta (6 meses)

Coordinadora: PR committee (6 meses)









Raquel Gómez Bravo



SOMOS AGUA, MURO Y FUEGO: SOMOS MEDICINA DE FAMILIA Y

SoMamFyC

Vocal de residentes

semFYC

Representante VdGM

International Section semFYC

WONCA Europe

VdGM

EURIPA

Policy Advocacy WP (2 años)

WONCA World

SIGFV

WWPWFM

EHealth WP

WP on Education

WP on Research









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SOMOS MEDICINA DE FAMILIA Y COMUNITARIA

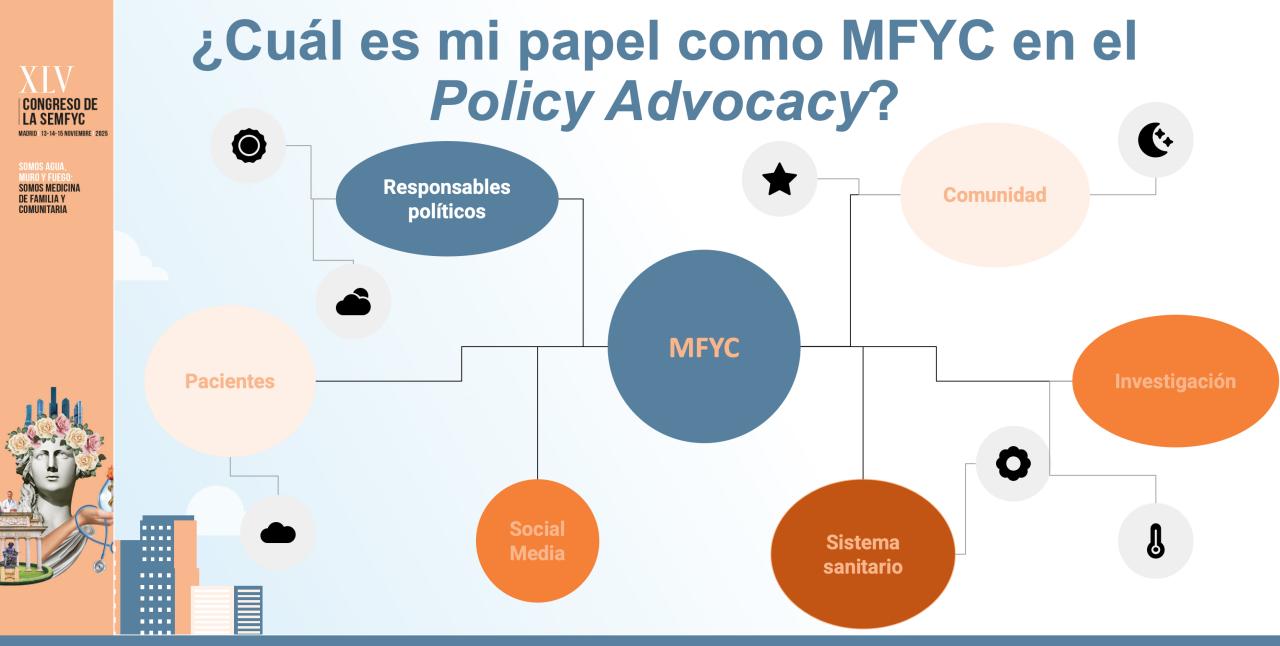












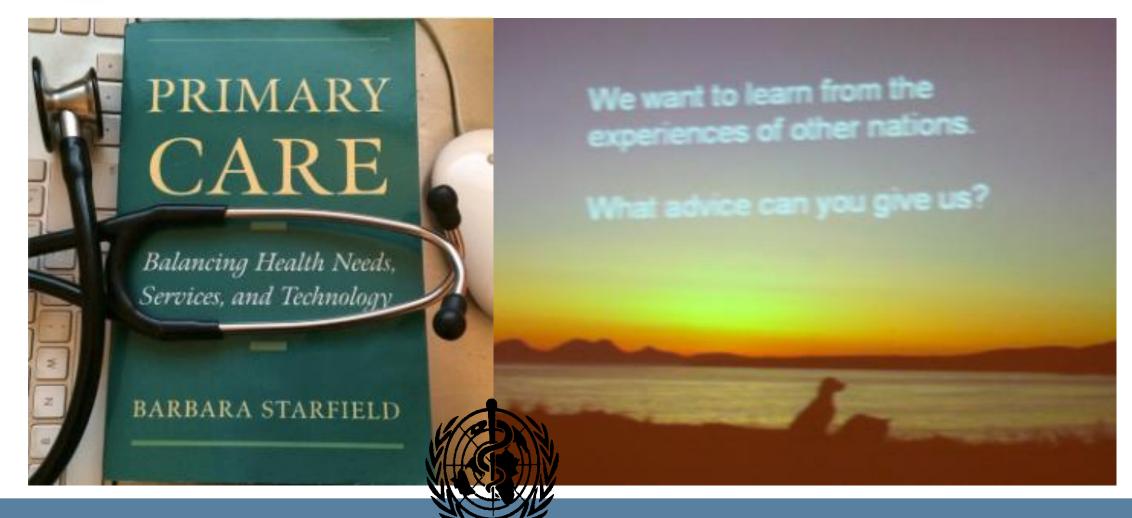






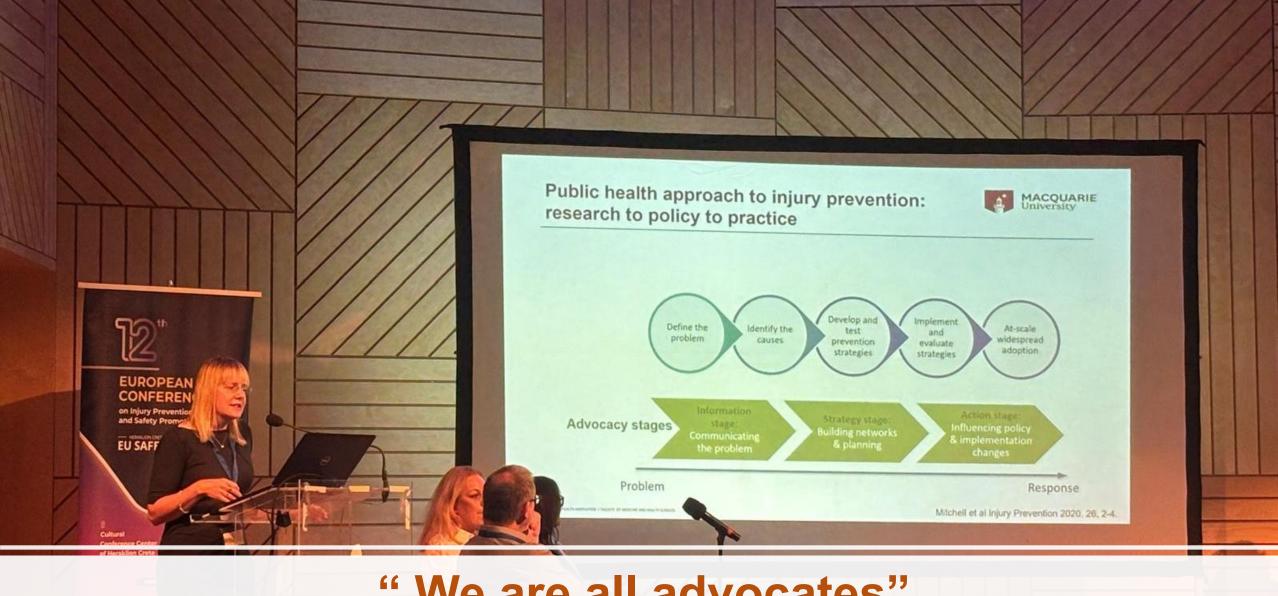












"We are all advocates"



MADRID | 13-14-15 NOVIEMBRE | 2025

MURO Y FUEGO: SOMOS MEDICINA DE FAMILIA Y COMUNITARIA









Dr Hans Henri P. Kluge WHO Regional Director















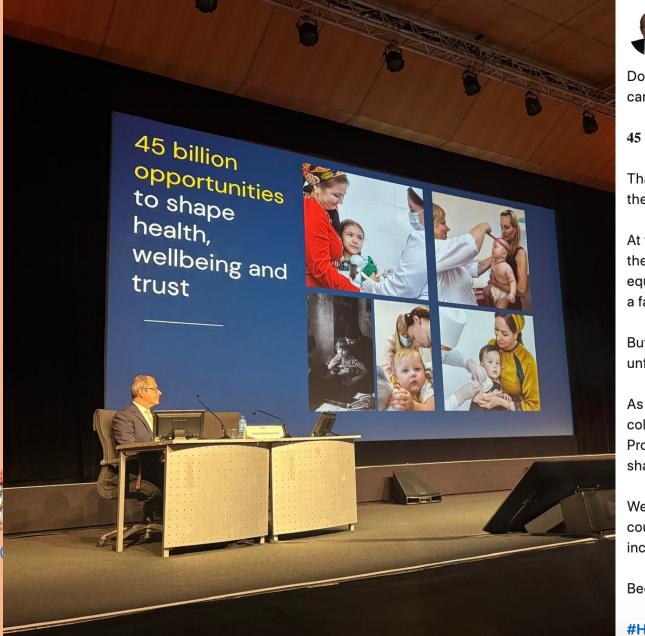
Dr Hans Henri P. Kluge WHO Regional Director

Do you know how many consultations family doctors, nurses and primary health care (PHC) professionals deliver every year?

45 billion









Do you know how many consultations family doctors, nurses and primary health care (PHC) professionals deliver every year?

45 billion.

That means 45 billion moments when people place their health, trust and fears in their hands.

At the #WONCA2025 Global Conference in Lisbon, I underlined that PHC is where the greatest challenges of our time are confronted: climate change, emergencies, equity, healthy ageing, as well as sexual and gender-based violence. Too often, it is a family doctor or nurse who is the first person a survivor turns to.

But PHC is under immense strain. Health workers are overstretched, posts remain unfilled, and communities are too often left waiting.

As a family doctor myself, I know these challenges firsthand. And I assured colleagues that they are not alone. WHO will stand with them. In our new European Programme of Work, PHC will not be a side project, but a cross-cutting priority shaping everything we do.

We will put PHC at the centre of health policies and budgets, provide tailored country support, foster cross-country learning, and lead thinking on digital health, including AI. And above all, we will amplify the voices of health workers.

Because investing in PHC is investing in our future.

#HealthForAll





CONGRESO DE LA SEMFYC MADRID: 13-14-15 NOVIEMBRE: 2025

SOMOS AGUA, Muro y fuego: Somos medicina De familia y Comunitaria













"Primary care researchers need to recognise that they have a unique power to drive policy change. Due to primary care providers' front-line expertise, their concerns are widely viewed

expertise, their concerns are widely viewed as practical, can motivate policy research and help attract funding"

Alina Engelman et al.

Engelman A, et al. Fam Med Com Health 2019;7:e000076. doi:10.1136/fmch-2018-000076







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INSPIRE

ACT













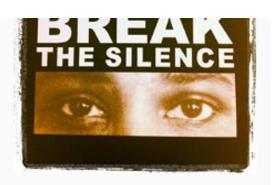
CONGRESO DE LA SEMFYC

SOMOS AGUA, Muro y fuego: Somos medicina De familia y Comunitaria







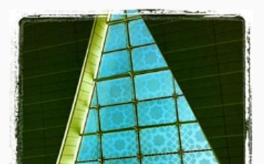












CONGRESO DE LA SEMFYC

SOMOS MEDICINA DE FAMILIA Y

COMUNITARIA











The 2nd experts' meeting for my Special Initiative to Respond to Violence against Women and Girls (VAWG) reviewed preliminary findings of our report and discussed how we can ensure survivors get the quality services they need most.

It is no secret that survivors often turn first to health services. That is why we must make sure they find empathy, quality care, and referrals to services beyond the health sector.

Yet, according to our findings, less than 40% of our WHO/Europe's 53 Member States include the essential package of post-rape care in policy: emergency contraception, safe abortion, HIV post-exposure prophylaxis, and prevention of sexually transmitted infections. These are services that can save lives.

I am grateful to the Directors of UN Women Europe and Central Asia and UNFPA in Eastern Europe and Central Asia, Belen Sanz Luque and Florence Bauer, as well as 35 experts who joined these discussions.

In November, with the Spanish Ministry of Health in Madrid, WHO Regional Office for Europe will launch this report with updated prevalence data and a review of policies across all Member States - showing what is working and what still needs urgent action.

#HealthForAll

VILWORLD HEALTH ORGANIZATION REGIONAL OFFICE FOR EUROPE

WELTGESUNDHEITSORGANISATION REGIONALBÜRO FÜR EUROPA



ORGANISATION MONDIALE DE LA SANTÉ BUREAU RÉGIONAL DE L'EUROPE

ВСЕМИРНАЯ ОРГАНИЗАЦИЯ ЗДРАВООХРАНЕНИЯ ЕВРОПЕЙСКОЕ РЕГИОНАЛЬНОЕ БЮРО

Expert consultation meeting Regional Director's Special Initiative On Violence against Women and Girls /1







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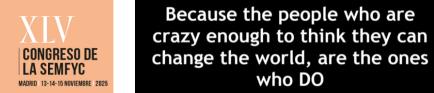
2. INSPIRE

ACT





1st #VdGMForum | Barcelona, 7-8 February 2014



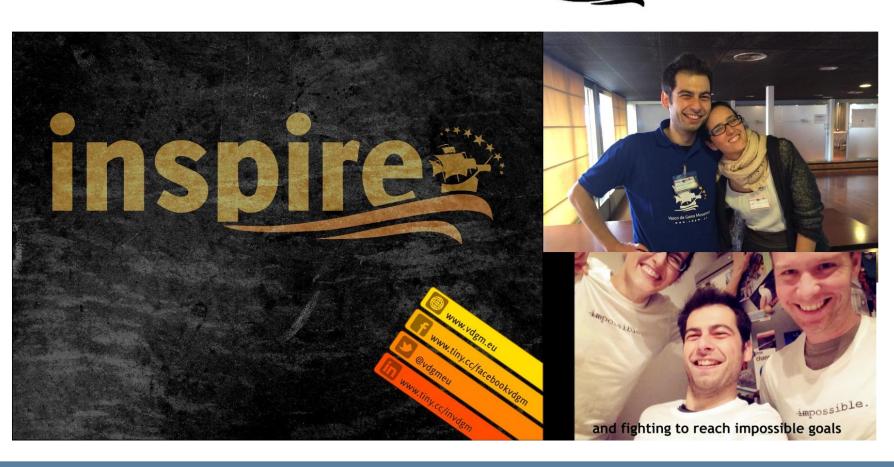
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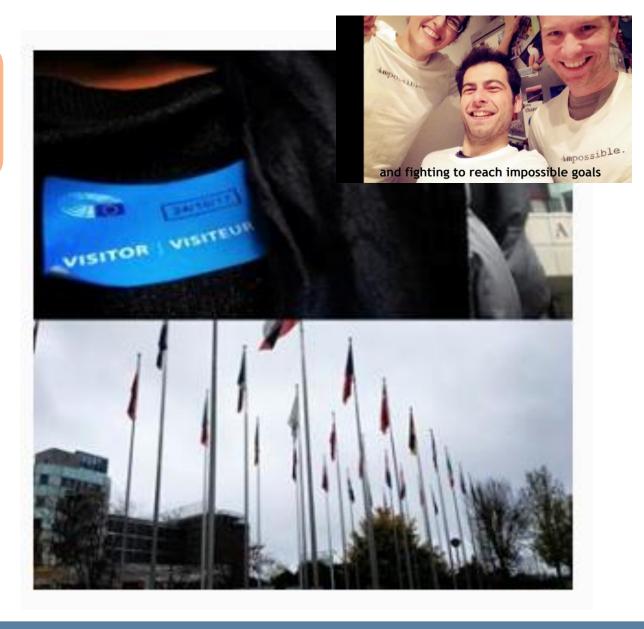
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SOMOS MEDICINA DE FAMILIA Y COMUNITARIA



We are all advocates











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INSPIRE

3. ACT







SOMOS AGUA, MURO Y FUEGO: SOMOS MEDICIN







CONGRESO DE LA SEMFYC

SOMOS AGUA, MURO Y FUEGO: SOMOS MEDICINA DE FAMILIA Y

CORE TEAM













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Research Group Self-Regulation
and Health. Department of
Behavioural and Cognitive
Sciences.
University of Luxembourg
WONCA SIGFV Co-Chair
WONCA eHealth WP Executive















Review > Aten Primaria. 2021 Oct;53(8):102134. doi: 10.1016/j.aprim.2021.102134.

Epub 2021 Jun 12.

[The role of primary care during COVID-19 pandemic: A European overview]

[Article in Spanish]

Sara Ares-Blanco 1, María Pilar Astier-Peña 2, Raquel Gómez-Bravo 3, María Fernández-García 4, José Miguel Bueno-Ortiz 5

Affiliations + expand

PMID: 34237607 PMCID: PMC8196323 DOI: 10.1016/j.aprim.2021.102134

Free PMC article

> Aten Primaria. 2021 Dec;53(10):102132. doi: 10.1016/j.aprim.2021.102132. Epub 2021 Jun 9.

[Human resource management and vaccination strategies in primary care in Europe during COVID-19 pandemic]

[Article in Spanish]

Sara Ares-Blanco ¹, María Pilar Astier-Peña ², Raquel Gómez-Bravo ³, María Fernández-García ⁴, José Miguel Bueno-Ortiz 5

Affiliations + expand

PMID: 34256236 PMCID: PMC8188304 DOI: 10.1016/j.aprim.2021.102132

Free PMC article

Nov 2020

Oct 2021-**EGPRN**

Oct & Dec 2021

> Enferm Infecc Microbiol Clin. 2022 Oct 12. doi: 10.1016/j.eimc.2022.10.002. Online ahead of print.

[Open data for monitoring COVID-19 in Spain: descriptive study]

[Article in Spanish]

Marina Guisado-Clavero ¹, María Pilar Astier-Peña ², Raquel Gómez-Bravo ³, Sara Ares-Blanco ⁴

Affiliations + expand

PMID: 36249470 PMCID: PMC9554340 DOI: 10.1016/j.eimc.2022.10.002

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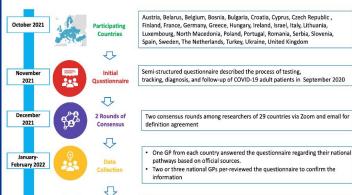
DE FAMILIA Y



March-Apri

2022

EURODATA Study: 30 countries, 52 researchers



- One GP from each country answered the questionnaire regarding their national
- Research team peer-reviewed the data to organize the information
- If it was unclear, national researchers were contacted to clarify and provide
- Disagreements were discussed among the research team and national GPs to
- achieve a consensus









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WONCA Europe Special Project Fund Winners

Regional News July 2023 Europe July, 2023



Dear Colleagues,

We're excited to announce the two winners of the WONCA Europe Special Project Fund. Chosen from a pool of impressive submissions, we are proud to support the following projects:

1. semFYC, the Spanish Scientific Society of Family and Community Medicine with partners: You can find the full list of participating partners and the project description here.

Their project, EURODATA Study, addresses equally workforce capacity building in family practice in Europe. The project aims to describe the official information available regarding PHC patient care during COVID-19 pandemic in the European economic region and OECD countries and build a common dashboard of PHC activity indicators to be shared in European countries and design a common contingency plan to face future pandemic enhancing the role of PHC, based on PHC indicators.







SOMOS AGUA, Muro y fuego: Somos medicin





Caregivers

Long COVID

Obesity

Caregivers

STEPPE project: Use of tools to detect potentially inappropriate prescribing in olderpatients in European primary care

Dementia / Mild cognitive impairment project

Rare diseases





Why a WP on Policy Advocacy?

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To build capacity for policy advocacy with the EB



Influence policymakers at European level having an impact on Primary Health Care.













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grqgb @rqgb

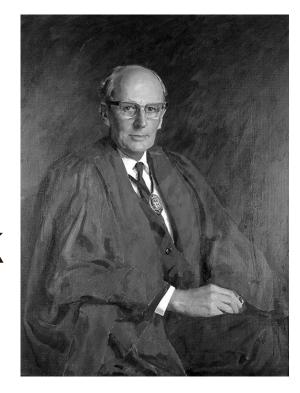
+352621203484







"The future of our professional discipline will depend on our ability to work together in the service of humanity"



Dr Monty Kent Hughes
Primer Presidente de WONCA







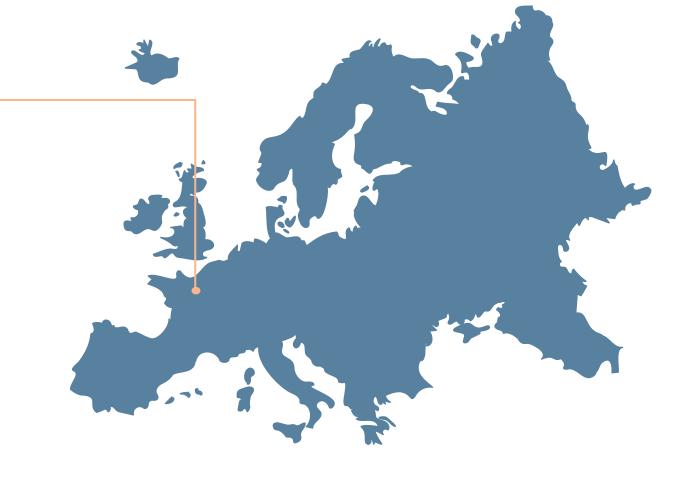
Policy Advocacy

SOMOS AGUA, MURO Y FUEGO: SOMOS MEDICINA DE FAMILIA Y

El grupo de trabajo sobre Policy Advocacy empezó en WONCA Europe en Junio 2023















Temas más importantes para cada país:

MEJORAR LA ACCESIBILIDAD A AP, A LAS ACTIV. PREVENTIVAS Y A LOS SERVICIOS DE SALUD MENTAL	IRIANDA, KAZAKHSTAN, PORTUGAL, SERBIA, ESPAÑA, TURQUIA
LA SOBRECARGA DE PACIENTES/LOS CUPOS	BELGICA, BULGARIA, CROACIA, DINAMARCA, FRANCIA, GRECIA, ITALIA, KAZAGISTAN , NORUEGA, ESLOVENIA, ESPAÑA, TURQUIA
REDUCIR LA BUROCRACIA	BELGICA, ALEMANIA, NORUEGA
MEJORAR LAS INFRAESTRUCTURAS (SISTEMAS DE INFORMACIÓN)	BULGARIA, FRANCIA, GRECIA, ALEMANIA, RUMANIA, ESLOVAQUIA, ESPAÑA
MEJORAR EL PRESUPUESTO PARA AP/SALARIO DE LOS/AS MF	AUSTRIA, BELGICA, BULGARIA, DINAMARCA, FRANCIA, GRECIA, KAZAKISTAN, ESPAÑA, SUIZA, TURQUIA
FALTA DE PROFESIONALES DE MEDICINA DE FAMILIA	CROACIA, DINAMARCA, GRECIA, ITALIA, RUMANIA, ESLOVENIA, ESPAÑA, SUECIA, SUIZA, TURQUIA
DESIGUALDADES DE GÉNERO EN MF	REPÚBLICA CHECA
PRESENCIA DE MEDICINA DE FAMILIA EN LA UNIVERSIDAD	GRECIA, ESPAÑA
FORTALECER UNA IMAGEN POSITIVA EN MEDICINA DE FAMILIA	BÉLGICA, FRANCIA, ALEMANIA, ESPAÑA







SOMOS AGUA, Muro y fuego: Somos medicina De familia y



Prioridades 2023-2025

- 1. Reconocer la especialidad de Medicina de Familia en la Unión Europea
- 2. Visibilizar la falta de profesionales de medicina de familia en Europa especialmente en zonas rurales y zonas con menos recursos
- 3. **Reducir la burocracia** en las consultas de Medicina de Familia
- 4. Implementar la realización de **tareas compartidas** en los equipos multidisciplinares de Atención Primaria





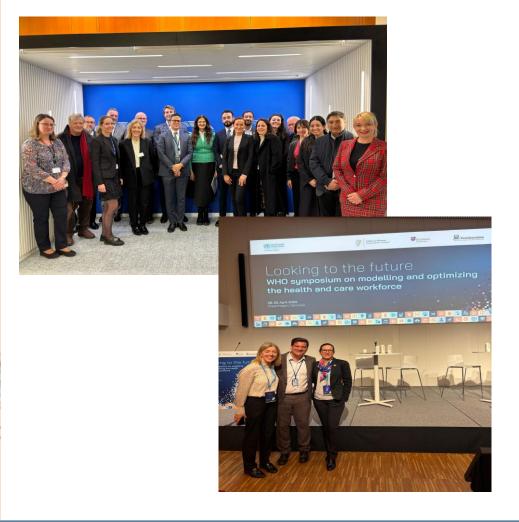






SOMOS AGUA, Muro y fuego: Somos medicina De familia y

Actividades en Europa



- Encuestas UE
- ECDC Advisory Board
- Reuniones con DG Santé, DG EMPL
- Eventos de la OMS Europa
- Actividades de la OECD relacionadas con AP.



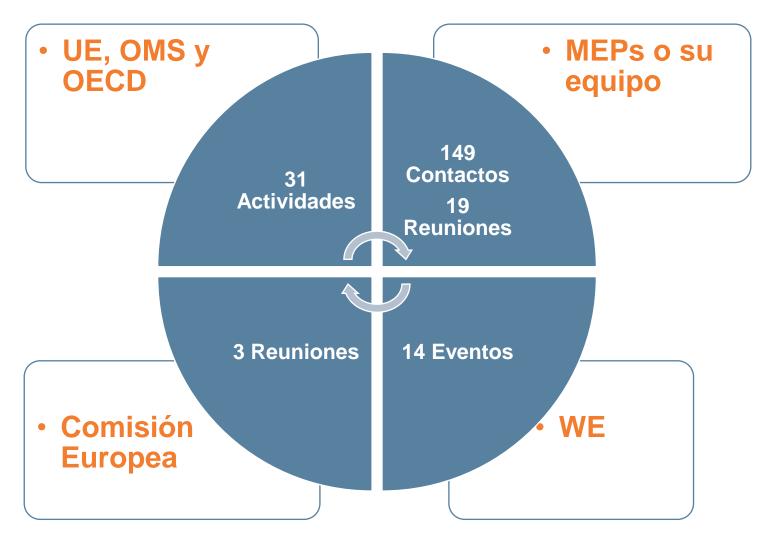
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#MADsemFYC

CONGRESODELASEMFYC.COM

Actividades en números:









Situación Actual

- OMS Europa (Workforce Division): Colaborando para fortalecer la posición de medicina de familia en la región.
- Commisión Europea: Conocen el rol de la MF pero no es un prioridad reconocerla como una especialidad médica junto con las 56 especialidades que sí reconocen.
- European Parliament (MEPs): Desconocen el rol y los beneficios de la medicina de familia; están abiertos a aprender.









- Proveer datos reales sobre nuestra situación.
- Generar más evidencia científica sobre la medicina de familia y su impacto positivo en la población.
- Informar a todas las instituciones del papel beneficioso de la medicina de familia.
- Analizar la situación actual y ofrecer soluciones que se puedan implementar de forma real en cada país y a nivel europeo









European Alliance for Primary Care Workforce Development

- EURACT,
- WE WP On Policy Advocacy
- European Forum for Primary Care
- UEMO

Enero 2025









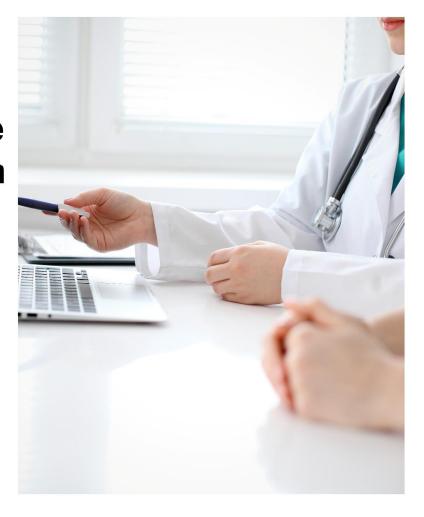


The Need for Recognition of Family Medicine as a Specialty in the European Union



















It Is Time to Recognize Family Medicine as a Specialty in Europe

É Tempo de Reconhecer a Medicina Geral e Familiar como uma Especialidade na Europa

Sara ARES-BLANCO

1.2.3, Tiago VILLANUEVA4.5

Acta Med Port 2025 Sep;38(9):521-522 • https://doi.org/10.20344/amp.23682

Keywords: Europe; Family Practice; Physicians, Family **Palavras-chave:** Europa; Medicina Geral e Familiar; Médicos de Família

In these uncertain times, marked by pandemics, conflicts, political polarization, and the erosion of social cohesion, family medicine has once again demonstrated its essential role within the community: listening, supporting, treating, and guiding patients through their lives and an increasingly complex healthcare system. This is not a new role; we have been fulfilling this central function in patient care for decades (Appendix 1: https://www.actamedicaportuguesa.com/revista/index.php/amp/article/view/23682/15723). But there comes a time when, as a profession, we must pause and reflect on where we are.

Surprisingly, the European Union (EU) still does not officially recognize general practice/family medicine as a medical specialty essential to the practice of the profession. This situation dates back to 2005. It is not a new demand – the European Union of General Practitioners/Family Physicians (UEMO) has been calling on the European Commission for over 20 years to put general practice/family medicine on

Why should the General Practice/Family Medicine specialty be officially recognized?

First, because it is a factual reality. Family doctors are specialists. General Practice/Family Medicine is recognized as a specialty in most European Union countries, and we undergo three to six years of structured postgraduate medical training,³ fully regulated by national institutions within the EU. Moreover, we have the necessary competencies and skills to care for communities and, in doing so, we help improve life expectancy.⁴ At the same time, we are the largest group of doctors and prescribers in the European Union and we see around 70% of European citizens each year. No other specialty reaches the whole population like us.

Second, because it is a matter of professional justice. Family physicians serve as the initial point of contact in patient care and remain engaged throughout the entirety of the diagnostic and therapeutic continuum, ensuring continuity and coordination of care. We follow patients through-











WONCA Europe Statement on the Recognition of the Specialty of Family Medicine / General Practice in the European Region

Published on 27 October 2025.



WONCA Europe Statement on the Recognition of the Specialty of Family Medicine / General Practice in the European Region

WONCA Europe is the academic and scientific society for General Practice/Family Medicine in Europe. representing 47 member organisations and more than 90,000 family doctors in Europe.









¿ Qué pasos necesitamos dar para el reconocimiento de la especialidad?

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Informes sobre la situación de la MF en los 27 países de la UE



11 países de la UE lo soliciten de forma oficial a la Comisión Europea





Apoyo de instituciones europeas en esta iniciativa



Presidencia de la UE

2025: Dinamarca

2026: Chipre & Irlanda

• 2027: Lituania & Grecia







Muchas gracias por vuestra atención



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Recibe nuestra newsletter

